TQM and Systems Thinking as Theory-Building Tools

by Daniel H. Kim

Our brains are pattern-making systems—they organize our perceptions of the world into patterns that enable us to function effectively. For example, when we eat, our brain follows a particular set of patterns that guides the use of our fork and the amount of pressure we apply to our knife, without having to think about and make decisions at each choice point. The simple fact that we can recognize the fork as a fork is a result of our pattern-making ability.

Edward de Bono, author of Lateral Thinking and I Am Right You Are Wrong, likens the patterns in our brains to well-worn grooves. He explains that if we pour a teaspoon of hot ink over a plate of JELL-O, the ink will dissolve parts of the gelatin as it flows over the surface and form grooves. Any additional ink is likely to flow into the already-formed grooves and further deepen them. Our brain organizes and groups related pieces of information in the same fashion.

The grooves are not just passive receptacles of new information; however, they are active “channelers” of our perceptions into already-formed patterns. When customer orders fall, for example, that information gets channeled through the “beef up marketing” or “cut prices” groove in our brain. This process serves us well as long as those grooves are relevant for making sense of the situation. It is ineffective, however, in responding to new changes in the environment, since the new information is channeled into the same old pattern. Over time, it can actually lead to patterned blindness—the inability to see anything but the established pictures we already have in our brains.

TQM and the Learning Organization

If our current grooves affect both what we see and how we interpret what we see, how can we ever break out of this circular trap? How can we overcome our patterned blindness?

One way out of old patterns is through theory. Creating a new conceptualization of an issue can open our eyes to different possibilities by allowing us to let go of what we think we already know. Becoming a learning organization, for example, means being committed to continually asking the question, “How do we know what we know?”

This requires the ability to see old things in new ways and also to “see” things conceptually that we have not yet seen visually. That is the important role of theory—to see in the mind’s eye what we have yet to experience or know. In that respect, theories are like windows into the unknown.

In the 1980s, TQM offered a new theory that helped cut fresh grooves into our thinking about people, systems, and management. But TQM is only one step in the journey toward becoming a learning organization. Systems thinking is another important discipline that brings additional theories, tools, and methods for building the capabilities of a learning organization. Together, TQM and systems thinking can help organizations see beyond their patterned blindness and work toward building a better understanding of their own organizational capabilities and structures. By becoming theory-builders, managers can help their organizations become creators of their own future.

Patterned Blindness

At the turn of this century, craft producers of automobiles “knew” that costs were constant regardless of volume. Because of the meticulous, labor-intensive process used, the cost of producing the 100th car was more or less the same as for the first one. But mass production, with its economies of scale, dramatically altered the cost-volume relationship.

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By the 1920s, mass production had virtually wiped out the craft producers. Likewise, in the early 1980s, the Japanese shattered the cost/quality trade-off myth with high-quality, low-cost products. In the process, they invented a new way of doing business—lean production—that was every bit as radical as the shift from craft to mass production (see "Lean Production: From the Machine Age to the Systems Age," August 1991). Those who could not adapt shared the fate of the craft producers: in the U.S. and elsewhere, whole industries were nearly decimated (steel, machine tools, motorcycles, video cameras, televisions, memory chips).

These are not examples of small competitive ups and downs, in which poor decisions led to problems in one or two companies. In these cases, the fundamental basis of competition had shifted, requiring a radical change in perspective that some companies were unable to make. It is not that the new competitors kept the technology from the others; people simply could not recognize the implications of that shift because of the grooves in their brain—patterned blindness.

A clear example of this patterned blindness appears in the book The Machine that Changed the World. A General Motors plant manager (from one of the worst plants in the study) went to Japan to visit one of Toyota's best assembly plants. After he came back, he was asked what he thought of the plant. He claimed that he was not shown the whole plant; Toyota must have been hiding something. Why? Because the plant was much smaller than his, even though their production capacity was the same. The Toyota plant had significantly less square footage, less working inventory, and no rework area.

He saw the layout of the plant, and yet he could not see beyond the patterned grooves in his brain that told him what a "real" assembly plant looks like. The fact that Toyota did not need a rework area because the cars were driven straight off the assembly line to the shipping dock lay outside this plant manager's groove.

Problem Solving: Helping or Tampering?

Patterned blindness often operates in a disguised form—problem solving. How many times have we heard, "The problem is we need the latest flexible manufacturing system... The problem is we need more patient beds... The problem is...?" These are solution statements masquerading as problem statements, and they are a product of our individual mental grooves.

When our thinking is entrenched in these types of solution responses, we do not bother looking for alternatives because the answer seems so clear. These grooves, in practice, embody our theory of the way the world works. We may think theory is an esoteric term that has no place in practical matters but, in fact, theory affects everything we see, think, and do. As Dr. Edwards Deming once said, "No theory, no learning." Without theory, we cannot learn, because we cannot make sense out of the jumble of infinite stimuli that we are exposed to at every instant.

One of the ways Deming demonstrated his point about theory was by conducting illustrative experiments. Using a marble, a piece of paper, and a pen, for example, he showed how corrective actions intended to improve performance actually make things worse (see "The Marble Experiment: A Theory in Action"). Intuition says, "If there are deviations, take corrective actions." Statistical theory counters, "If a system is in control, do nothing." But in the absence of a clear theory, it is extremely difficult for most people to stand there and do nothing when it seems as if errors are being made.

The Marble Experiment: A Theory in Action

Deming used the following experiment to illustrate the usefulness of statistical theory:

Place a target spot on a sheet of paper (a). Then take a marble, aim for the spot, drop the marble, and mark where it lands. After repeating the process several times, a cluster of marks will appear around the target spot (b).

Now make one change in the process. Instead of aiming for the target spot, try instead to compensate for the error of the previous drop. If, for example, your first marble drop was two millimeters to the north of the target, aim two millimeters south of the mark. It seems like a reasonable change in strategy. After all, if your gun sights were off, you could consistently compensate for it by adjusting your aim accordingly. Does this strategy actually help in the marble experiment? No. The pattern of dots gets bigger; the dispersion increases rather than decreases (c).

This result runs counter to our intuition that making adjustments should help us reach our goals, not make it worse. In fact, statistical theory suggests that if a system is within its limits, well-intentioned adjustments will actually take us further from our goal.

Statistical Process Control

In the field of Total Quality, statistical theory was translated into a methodology called statistical process control (SPC). SPC provides a set of steps for distinguishing between special and common causes of variation. For example, control charts plotted with upper and lower limits around a target help to identify the boundaries of a system's capability (see "Special vs. Common Causes"). Anything inside those boundaries is classified as "common" causes for which no corrective action is necessary. Points outside of those limits are identified as "special" causes, meaning something has happened that is uncharacteristic of that system and needs to be investigated further. Special causes can be addressed by
working within the existing system, but
the common causes can only be ad-
ressed by changing the system itself.

Prior to the arrival of SPC, helpful
“adjustments” like those in the marble
experiment were actively being carried
out in most manufacturing operations.
If, for example, you wanted a rod whose
length was 30mm ± .1 mm and it came
out larger or smaller, you naturally ad-
justed the calibration on the machine.
In the absence of statistical theory with
which to interpret the data, people
would implement solutions (make ad-
justments) that actually increased the
problem (greater deviations) and justi-
fied further corrective actions (more ad-
justments). That is, the solutions them-
seleves guaranteed the need for more of
the same solutions in the future.

Working with Multiple Theories
The application of SPC to manu-
facturing operations has resulted in great suc-
cess because the theory is well-suited for
controlling processes that are governed
by physical laws and relationships. But
statistics becomes less useful when we
move to the realm of social sys-
tems because many of the assumptions
about predictability, repeatability, and
linearity are not as appropriate. There-
fore, as the use of TQM methods has
become more widespread, they have
been applied to a wider range of settings
with decreasing levels of success.

Because social systems do not behave
like mechanical and electrical systems,
supplying theories and tools better suited
for the latter is not likely to enhance
our understanding of the former. This
does not mean that the theory behind
SPC methods is wrong; it simply
means that we have reached the limits
of their usefulness.

All theories have limits that define
the boundaries of their relevance.

Newtonian physics, for example, was
not proven “wrong” when Einstein
developed his relativistic view of
the world. Einstein’s theory of relativity
simply defined the boundaries in which
Newtonian physics worked and where it
broke down. When you begin to ap-
proach the speed of light, Newtonian
concepts of time and distance can no
longer be treated as constants, but as
relative concepts that are very much de-
pendent on the reference frame from
which you are making the measure-
ments. For our day-to-day needs, how-
ever, Newton’s laws adequately approxi-
mate reality.

In some of his more recent writings,
Deming acknowledged the limits role
of statistics in the larger arena of organi-
sational transformation. He identified
three other theories that were impor-
tant: systems theory, psychology, and
tree of knowing. He believed that
the set of four were essential for de-
veloping what he called “profound knowl-
dge.” In his book The Fifth Disciple,
Peter Senge presented five disciplines—
shared vision, personal mastery, team
learning, mental models, and systems
thinking—that embody a range of theo-
ries about how to develop the capabili-
ties of a learning organization.

Both Deming’s and Senge’s ap-
proaches draw on multiple theories, and
both highlight the importance of under-
standing systems. In fact, systems
thinking plays a particularly important
role in developing learning organiza-
ations because the tools and methods
of system dynamics enable you to not only
be a user and interpreter of theory, but
also an active theory builder. And
theory building is essential to building
learning organizations.

Feedback Loops as
Theory-Building Tools
System dynamics, the theoretical un-
derpinning of sys-
tems thinking,
allows us to ar-
ticate causal interconnec-
tions so that we can
take high-lever-
age action in-
stead of being paralyzed by
complexity. Sys-
tem dynamics,
which is
grounded in
feedback systems
and control
theory, provides
a set of tools and
methods for
making sense of complex interconnec-
tions—similar to how TQM helps us
understand variation through statistical
theory. With respect to learning, TQM
is particularly strong in operational
learning—building greater understand-
ing of how to do things—while systems
thinking is relatively strong in concep-
tual learning—developing new theories
about why things work the way they do.

In the systems thinking toolkit, there
are two types of feedback loops we can
use to build our own causal theories of
organizational behavior—reinforcing
and balancing. A reinforcing loop rep-
resents a process where a change in one
direction is continually amplified in the
same direction (see “Anatomy of a Re-
inforcing Loop,” February 1994). In a
balancing loop, a change in one direc-
tion produces a response that will try to
take the system in the opposite direc-
tion. It is basically a control loop (see

Causal Loop Theory Building
With these two basic types of loops, we
can construct rich theories about the
causal interrelationships that drive our
organizational behavior. Causal loop
diagrams not only provide a language
for representing dynamic structures, but
they also provide a way for us to make
explicit and share the individual views
of the world that govern our actions.

By surfacing our individual assumptions
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Special vs. Common Causes

Special causes lie outside both the upper and lower control limits and are dealt with by working within the current system. But because common causes lie
within the control limits, addressing them requires a change in the system itself.
about our organizations, we can work toward building a coherent and consistent working theory about our organization and our environment.

For example, one theory you may have is that increasing levels of feedback to employees will lead to increased performance over time, which leads to even more feedback (R1 in “Performance-Feedback Theory”). The pattern of behavior suggested by this loop is one of exponential growth. This is a testable theory. Data collection may reveal that performance rises initially, but after a while it plateaus. Someone else may suggest that performance can actually decrease if the quality of feedback is low, and that increasing feedback may actually lead to a decrease in the quality of the feedback (B2). A third person may add that it is not the increasing feedback that leads to lower quality of feedback, but the amount of time expended in giving feedback. As the time expended increases beyond a certain point (indicated by a delay), the quality of feedback suffers.

This example describes the beginnings of a theory about how feedback and performance are linked. Working through this as a team can reveal our collective understanding of what we think is going on in our organization.

Causal loop diagrams provide us with a means to construct theories about dynamic relationships. For example, we may theorize that increasing feedback will improve performance over time (R1), or that an increase in feedback may actually decrease performance, depending on the quality of feedback (B2). Statistical tools can then help us test the validity of these theories.

Cutting New Grooves with Theory

Huckminster Fuller used to say that we start with the universe, and then recognize that any distinctions from then on are entirely arbitrary. In other words, the boundaries that we draw are not a product of nature but or our thoughts. Thus, theory plays a critical role in how we create the conceptual patterns through which we see our world and how susceptible we are to patterned blindness.

If we view the world through our theories (or patterns in our brains) then by becoming active theory builders we can greatly enhance the learning capacity of our organizations. Systems thinking and TQM provide a complementary set of theories and tools for developing an organization’s theory-building capabilities. Our ability to develop new theories will allow us to get out of existing grooves in thinking, to envision a whole different future, and then take the necessary steps toward creating that future. That is the exciting promise and potential of becoming a learning organization.

Looking for Presenters

We are now accepting presenter and topic suggestions for the 1994 Systems Thinking in Action Conference to be held at San Francisco’s Hyatt Embarcadero Center, November 16-18, 1994.

To receive a presenter information packet, contact Seda Aghamianz of (617) 576-1231.

Watch for more details in the upcoming issues of The Systems Thinker.